

“17 Manifestos Manifested” Shout Poem (2015)

(from behind lowered theatre curtain)

ALL: own manifesto, once from start to finish, quiet volume/medium speed, with one point louder

ALL: layering into TAKE responsibility
x10

ALL: TAKE
Natalie: (syncopated) take responsibility
x4

Ian: Dance with and for good people
ALL: DANCE WITH AND FOR GOOD PEOPLE
x2

Natalie: Take responsibility
ALL: DANCE WITH AND FOR GOOD PEOPLE
x2

Maria: Trust in movement-practice
ALL: TRUST IN MOVEMENT... PRACTISE...
x2

ALL FAST: Make Make Art Art For For People People
x4

Natalie (pulse): Make Art For People
ALL: MAKE ART FOR PEOPLE
Svenja: Make art available to everybody
ALL: MAKE ART FOR PEOPLE
Maria: Make art, don't worry about money
ALL: MAKE ART FOR PEOPLE
Ingvild: Put yourself out there
ALL: MAKE ART FOR PEOPLE
Rachel: Value your expertise

ALL: DARE MORE, INITIATE MORE
x6 getting faster

Christopher: Challenge the opiates of the masses
Linzy: Resist political indifference
Johanna: Fight for empathy
ALL: SAY NO

Finetta: Call your mum
Stage Right group: CALL YOUR MUM
Stage Left group: CALL YOUR MUM
Centre group: CALL YOUR MUM

Olivia: Follow your interest
ALL: Follow your ideas

Christopher: Confuse shallow practice

Stefania: Make a plan

ALL: DO NOT ALWAYS FOLLOW THE PLAN

ALL (pulse):

BE DILIGENT

BE PROACTIVE

BE FREE SOMEHOW

Jack: Be alone sometimes

ALL: BE WITH PEOPLE SOMETIMES

Vivian: Share

Greta: Make a difference

Rachel: Eat well

Svenja: Read

ALL:

BE GENEROUS

BE PATIENT

LEARN UNTIL YOU DIE

Maria: Investigate the materials of the body and clay in relation to choreology

Greta: Don't forget to breathe

Dario: Don't forget to rest

A: DON'T FORGET TO JUST... MOVE

B: MOVE

A: MOVE

B: MOVE

Laura: Laugh at yourself

ALL: LAUGH AT YOURSELF

x2

A: No to perfectionism

B: Yes to equality

x3

Natalie: REEEELAAAAAX!

Composed by Matthias Sperling using material from individual manifestos written by the performers of '17 Manifestos Manifested' a work by Matthias Sperling in collaboration with 17 graduating Trinity Laban students: Rachel Blomberg, Svenja Bühl, Olivia Edginton, Laura Ganotis, Greta Gauhe, Dario Longombardo, Maria Lothe, Ingvild Marstein Olsen, Ian McCarthy, Johanna Merceron, Finetta Mikolajski, Linzy Nakorn, Jack Philip, Stefania Pinato, Natalie Richter, Christopher Spraggs, Vivan Triantafyllopoulou. Commissioned by Trinity Laban, performed at Bonnie Bird Theatre, Laban, on July 2 & 3, 2015.